

Sample Menu

BREAKFAST

Served with a selection of fresh fruit juices, tea and coffee

Cereals, porridge, yoghurts and fruits

Full English breakfast with toast and a choice of egg (Omelette / Scrambled / Poached / Fried)

MID-MORNING

Hot and cold drinks served with the option of biscuits, fruit, yoghurt and cakes

LUNCH

Served with a variety of seasonal vegetables, buttered new potatoes, chips or mash

Chicken Tarragon in a butter and cream sauce

Haddock fillet

Butter bean and squash in a cream of tarragon sauce (V)

DESSERT

Served with custard, cream or ice-cream

Sherry trifle

Rice pudding

Fresh fruit salad

MID-AFTERNOON

Hot and cold drinks served with the option of cheese and crackers, biscuits, fruit, yoghurt and cakes

SUPPER

Quiche Lorraine with a small side salad

Soup of the day A selection of sandwiches Jacket potato with a choice of fillings







