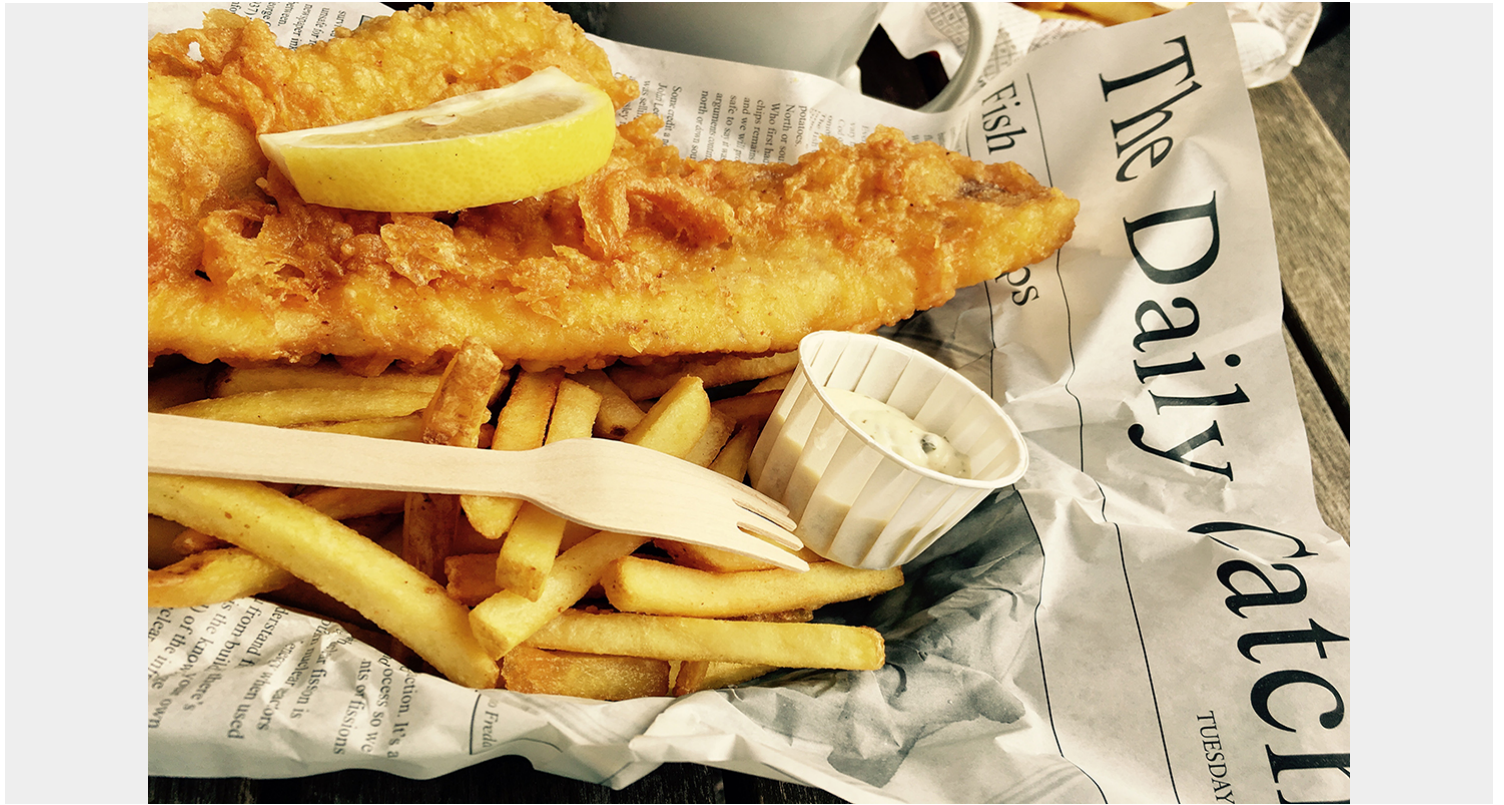


# FISH AND CHIPS WRAPPED IN NEWSPAPER

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**Eating fish and chips from newspaper with a simple wooden fork is one of the past joys residents can remember from childhood; this can stimulate memory, sense of smell and appetite.**

Fish and chips is a common take-away food in the UK and numerous other countries, particularly in English-speaking and commonwealth nations. Traditionally, fish and chips were served in wrappings of greaseproof paper and then newspaper as insulation.

With the decline of the newspaper industry, this has become less common although plain, unprinted paper is still popular. Fish and chips can be served with many different condiments or other food items including:

- traditional salt and vinegar sprinkled over the top (at the time it is served)
- a portion of mushy peas on the side
- a slice of lemon for squeezing over the fish
- tartar sauce for dipping

## **Making fish and chips fun!**

Because it's unsafe for food to be touching newspaper ink, wrapping fish and chips in special greaseproof paper or unprinted paper is a safe alternative. There are many 'fish and chips newsprint', fast food take away, disposable packaging or 'the daily catch' imitation paper available - just try Amazon or eBay.

Why not wrap your fish and chips in paper next time and make it fun for all the family?