

CREATING WONDERFUL EGYPTIAN AND JAPANESE FOOD FOR NELLARS MINI CRUISE

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Our residents and teams have enjoyed visiting Egypt and Japan during February and March, as part of our Nellsar mini virtual cruise. They've had fun learning about these two fascinating countries through arts and crafts, games, music, dressing up and more!

A large part of the cruise experience was created by our talented Chefs and Kitchen Teams who got to work creating some delicious traditional dishes and treats to tickle the tastebuds and give our ladies and gents some new flavour experiences. From simple tasting treats to fantastic themed dishes and authentic desserts, they truly worked their magic.

Huge thanks to all our wonderful Catering Teams across Nellsar for their passion and creativity – our residents have loved it!

Here are some picture postcard highlights...

Abbotsleigh Care Home



Chicken Katsu with steamed rice | Yakisoba with pork and noodles | Japanese cheesecake

Bromley Park Care Home



Tonkatsu pork with egg noodles | Teriyaki salmon | Nikujaga (Japanese beef stew)

Hengist Field Care Home



Castella (Japanese sponge cake) | Salmon, ginger and noodle stir fry | Purin (Japanese custard pudding)

Meyer House Care Home



Meat wraps with a choice of salads | Traditional Egyptian sweets

Loose Valley Care Home

EGYPTIAN MENU	
	
Humas and Baba Gancash	Pitta Bread and Vegetables for dipping.
Lamb Kofta	Eastern Mediterranean ground lamb with onion, garlic, herbs, and spices.
Chicken Shawarma	Spiced and grilled chicken with a flavorful marinade of spices, lemon juice, garlic, and olive oil.
Sanyet el Batates	Sliced potatoes baked in the oven with tomatoes, onions, and chicken broth.
Baked Sweet Potato	Scored and baked with olive oil, salt, and pepper.
To Drink	Turmeric, ginger, and orange, naturally caffeine free.
Turmeric Herbal Tea	Turmeric to power you through, invigorating ginger and galangal for vibrancy.



Egyptian-themed menu which included hummus and baba ganoush, lamb koftas and spicy chicken Shawarma



Chicken noodle salad | Katsu and Ramen | Tempura prawns

Lukestone Care Home



Egyptian and Japanese tasting trollies featuring Basbousa (Egyptian semolina cake) and Japanese

favourites including sushi, tempura, vegetables and more!

Lulworth House Residential Care Home



Residents created a selection of vegetarian and tuna sushi with vegetables, rice and seaweed paper

Silverpoint Court Residential Care Home



Sampling Japanese sushi treats with chopsticks

Woodstock Residential Care Home



Lamb koftas and homemade falafel with tzatziki dip | Homemade Egyptian delight dessert |

Chicken Katsu curry | Egg and vegetable rice bowl | Baked cheesecake