

CREATING MARVELLOUS MEXICAN FOOD FOR NELLARS MINI CRUISE

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Our residents and teams have been immersing themselves in Mexican culture this month as we enjoyed our Nellsar mini cruise to Mexico, to escape the winter chills here! We've seen some wonderful Mexican activities and tasted some amazing themed food.

*Our Chefs and Kitchen Teams have produced some **fantastic dishes** for our residents to enjoy – **packed full of colours, texture and authentic flavours** to tempt all tastebuds. Our residents too have been involved in creating some well-known Mexican meals and desserts, and it's been wonderful to see everyone enjoying the sights, sounds and flavours of Mexican culture.*

Thank you to our wonderful Catering Teams for all their hard work in making this mini cruise a taste experience to remember!

Abbotsleigh

Abbotsleigh's Kitchen Team created a Mexican Day menu which featured a choice of chilli con carne with basmati rice or chicken tortilla, with delicious caramel churros for dessert.



Bromley Park

Bromley Park's Chef Trevor prepared some delicious tortillas chips with dips and Mexican wraps for his residents which they thoroughly enjoyed tucking into as part of their Mexican-themed party.



Hengist Field

Chef Kay and the Kitchen Team at **Hengist Field** designed a wonderful Mexican menu which featured Mexican chicken, corn salad and fiesta rice, with a vegetarian option of vegetable fajitas. This was followed by creamy caramel or homemade churros for dessert. Supper time treats included vegetarian tortilla soup followed by nachos, plus themed biscuits, sponge cakes and cupcakes.



There were also some delicious mocktails on offer! Residents could choose from: Watermelon Agua Fresca, Agua De Fresa (strawberry) and Agua Fresca De Pina Y Pepino (pineapple and cucumber).



Loose Valley

Residents at **Loose Valley** could enjoy a week of Mexican flavours if they wished, with a wonderfully themed menu prepared by their Head Chef Joe and team:

Monday: Fried chicken torta with guacamole and tomato salsa.

Tuesday: Chilli beef nachos with jalapeños, sour cream and avocado.

Wednesday: Tacos Al Pastor with pork shoulder.

Thursday: Chicken fajitas with tortilla wraps.

Friday: Mexican chicken casserole with a cream cheese sauce.

Saturday: Chile Verde with pork, tomatoes and peppers

Sunday: Roast chicken Mexican-style with red peppers, chipotle and lime.



Lukestone

There was plenty of colour and flavour on the menu at **Lukestone**, created by Chef Bhim and team. Residents enjoyed a choice of chicken and vegetable tacos or mince beef and cheese tacos. For dessert there was a beautiful platter of fresh pineapple, strawberries, kiwi and blueberries, plus some fun Mexican-themed cupcakes with buttercream icing.



Lulworth House

Lulworth House residents enjoyed making their own guacamole, tasting mint mocktails and enjoying a delicious Mexican lunch of tacos and enchiladas created by their Kitchen Team. They also made a tempting 'Tres Leches cake' – a sponge cake soaked in three kinds of milk (evaporated, condensed and whole milk) popular throughout Latin America. This went down a treat!



Meyer House

The Catering Team at **Meyer House** – Scott, John, Brenda and Claire – provided some mouth-watering authentic Mexican food for their residents including Mexican burritos, nachos with cheese, chilli con carne with rice and guacamole, plus meringues with fresh fruit and chocolate for dessert.



Princess Christian

Residents at **Princess Christian** had a great time (in their sombreros!) making delicious Mexican tapas together during their Cooking Club. They created their own tasty burritos with guacamole, grill chicken, red kidney beans, red onions, cheese and sauces, accompanied by refreshing drinks and fresh pineapple. The Activities Team and Chef Cosmin enjoyed getting involved in the Mexican spirit!



Woodstock

Chef Damon and Kitchen Assistant Agnes at **Woodstock** worked very hard to create some tasty Mexican cuisine for their residents to try. For lunch they served a choice of vegetable burritos or chicken enchiladas with Mexican rice. This was followed by Tres Leche cake with dulce de leche sauce for dessert which proved very popular!

