

CIBO DELIZIOSO ACROSS NELLSAR CARE HOMES

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DELICIOUS FOOD FOR NELLSAR CARE HOMES VIRTUAL CRUISE TO ITALY

Our amazing Chefs across our Homes put together a marvellous menu of delicious Italian dishes and treats for our arrival in Italy on Wednesday 12 May, as part of our 'Around the World with Nellsar Cruises'.

'Arriving in Italy' last week for a special day of themed food, drink and activities, here's an insight into some of the culinary delights devoured by our residents.

Abbotsleigh Care Home residents enjoyed a dinner-time Italian feast of Prosciutto Pizza and Spaghetti Carbonara, served with sprouts, baby carrots and mashed potatoes, followed by Tiramisu for dessert. At supper time, our Chef prepared an Antipasto platter, minestrone soup and a tangy forest fruits Panna Cotta.



Our ladies and gents at **Hengist Field Care Home** tucked into Cotoletta Chicken (chicken in breadcrumbs) and Pasta alla Norma, a Sicilian pasta dish with aubergine, marinara sauce and basil. It was Tiramisu or Panna Cotta for dessert, served on colourful plates with icing sugar dusted spoon silhouettes.



Our residents at **Lukestone Care Home** ate decadent pizza crostini appetisers topped with Fungi e Mozzarella (mushrooms and mozzarella) and the classic Margherita (cheese and tomato). Spaghetti and meatballs and pepperoni pizza were served for the main meal, along with gnocchi in a tomato, garlic and basil sauce. And for dessert, they chose between the classic Tiramisu or strawberry trifle. Our ladies and gents loved the mini Victoria Sponges decorated with the Italian flag.



Meyer House Care Home residents had a tasty Italian lunch with mozzarella salad with basil and rocket and balsamic balls to start, followed by a classic lasagne and salad, homemade garlic and rosemary focaccia, and tagliatelle pasta for main. Dessert was a tough choice between a zesty Limoncello syrup lemon sponge and strawberry semifreddo Panna Cotta with fresh strawberries and strawberry sauce.



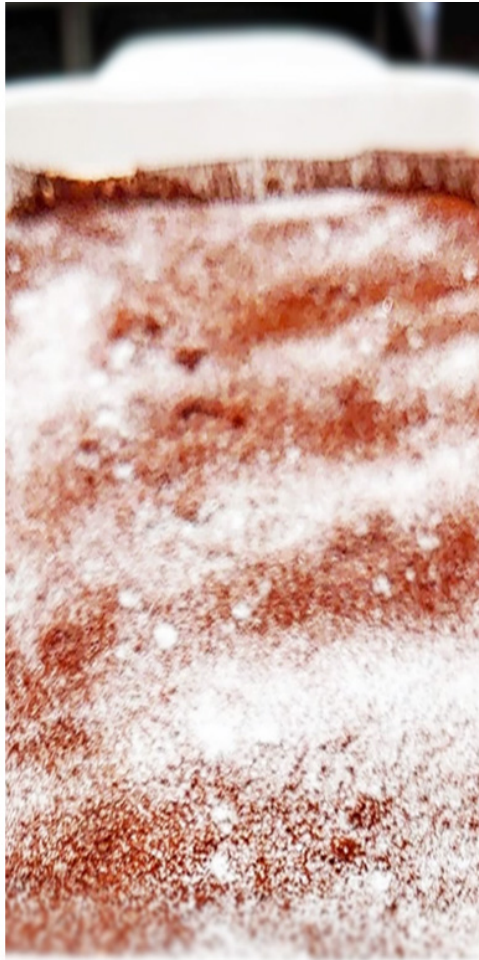
Tagliatelle Bolognese or creamy Parmesan Risotto topped the lunch menu at **Princess Christian Care Home** followed by Tiramisu or custard. At suppertime, our ladies and gents enjoyed tomato and basil soup and homemade pizza, followed by stunning strawberry tart or raspberry jelly. *Perfetto!*



Our ladies and gents at **Silverpoint Court Residential Care Home** had a yummy lunch of Antipasto to start, beef lasagne with fresh salad and garlic bread for main, followed by fresh fruit salad for dessert.



Our Chef at **St Winifreds Care Home** created a beautifully presented Antipasti platter comprising Italian meats, sliced mozzarella and tomato, and rocket with parmesan shavings and pine nuts, with aged Balsamic. Residents dined on tomato and basil Bruschetta before main courses of Lasagne Al Forno or Spinach and Ricotta Cannelloni with garlic bread. Our residents then had the Italian classic Tiramisu for dessert.



Residents at **The Old Downs Residential Care Home** had succulent oven baked chicken breast with fresh tomato and herbs, accompanied by new potatoes and vegetables, or penne pasta with Bolognese sauce and garlic bread. Those with a sweet tooth enjoyed a cupcake iced with the Italian flag and others scoffed the chocolate-topped Tiramisu.



And for our next Nellsar Cruise destination, we look forward to serving up classic French cuisine as we 'dock' in France on Wednesday 9 June. Check back then to see the tasty dishes and treats that our talented Chefs create next!