

CARRY ON CAMPING AT NELLARS AND SCRUMMY SCOTTISH SCRAN

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Residents across our Nellsar Care Homes have become 'campers' this month, following the launch of a virtual 'staycation' trip around the UK. Our six-month long armchair travel adventure 'Around the World with Nellsar Cruises' was such a great success this year that we wanted to keep momentum going with a lighthearted 'Carry on Camping' initiative.

Just for fun, on Wednesday 15 September, our residents enjoyed Scottish themed leisure activities and menus. Here's a look at what some of the Chefs created for our residents:

Hengist Field Care Home residents enjoyed a rich beef stew for lunch – Stovies – or Scotch Broth, served with traditional 'neeps and tatties' (turnips and potatoes), followed by Scottish shortbread or Dundee cake. We also held a haggis tasting session in the afternoon.



Lukestone Care Home residents chose from porridge and pancakes for breakfast and a sumptuous lunch of Cullen Skink (haddock stew), Cock-a-leekie (chicken and leek) traybake or Haggis with neeps and tatties (turnips and potatoes). Dessert was a delicious 'Cranachan' – raspberries with honey, cream and oatmeal, or cupcakes. Suppertime treats included Scotch eggs and sausage rolls with black pudding, and bannocks with salmon and dill or cheese and chutney.



Meyer House Care Home created a stunning camping scene cake and cupcakes, complete with campfire and canoe!



Our ladies and gents at **St Winifreds Care Home** ate delicious Scottish dishes throughout the day, including traditional Haggis served with mince, neeps and tatties. And some residents had Cullen Skink (leeks and smoked haddock with granary bread and butter). Dessert was a choice of freshly

made Cranachan made with raspberries, cream, whisky, honey and toasted oats), or traditional Dundee Cake topped with almonds.



Come back in October to see what culinary delights we serve up for our trip to Wales, and Ireland in November.

Click [here](#) for news from our Homes and read what residents have been enjoying this week.