

## BRINGING THE DELIGHTS OF SPANISH CUISINE TO NELLSAR RESIDENTS

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We are delighted to see so many of our Homes embracing 'Around The World with Nellsar Cruises' in their cuisine. Last week we docked in Spain and our Chefs made a special effort to step out of their comfort zones to plan and cook some unfamiliar (and delicious!) foods for the event.

When you going on a Cruise or visit a new country, one of the biggest joys is experiencing the local food, with its often diverse ingredients, textures and flavours. Our **Chefs** have certainly risen to this challenge and brought the taste of **Spain** into our **Homes**.

Residents at <u>Bromley Park Care Home</u> started their Cruise with a Spanish style breakfast which included Spanish omelette, eggs, olives and cold meats, stylishly presented on the plate. They also served a wonderful tapas spread.





<u>Hengist Field Care Home</u> residents enjoyed the famous egg custard 'Crema Catalana', plenty of flavoursome paella, sangria and a special themed dessert of Spanish churros with chocolate and raspberry dips.





<u>Lukestone Care Home</u> Chefs prepared and presented a beautiful Spanish feast which included seafood and chicken paella, Spanish omelette, beef and garlic mayo tapas, tuna and egg salad, tomato salad and churros. All accompanied by some refreshing sangria.





<u>Meyer House Care Home's</u> kitchen served a ranged of delicious themed dishes and baked the famous Spanish almond cake 'Tarta de Santiago'.





Chefs at <u>Princess Christian Care Home</u> cooked a tasty tortilla, succulent salmon salad and churros with chocolate dipping sauce for dessert.



<u>Silverpoint Court Residential Care Home</u> Chefs are famous for their starters, and they went all out to create a special Spanish-themed chorizo salad for their Cruise starter, followed by homemade prawn and chicken paella and churros with dipping sauce for dessert. The sangria was also flowing!









The <u>St Winifreds Care Home</u> kitchen team offered a well planned and beautifully presented Spanish menu, which included the use of saffron; Albondigas, Saffron Alioli, Smokey Tomato Sauce, Patatas a lo Pobre, Ensalada mixta and churros with chocolate and raspberry sauces.





